

Hygienic & clean...

Cleaning recommendation for **nora**[®] materials



A regular, hygienically perfect care consists of **pre-cleaning** of the insoles and subsequent **disinfection**, observing the following notes: suitable disinfectant, compliance with the reaction time and reaction temperature as well as observance of the hygiene hints and care instructions.

Pre-treatment

Having removed the insole from the shoes, a pre-treatment with water and soap sud is recommended to remove coarse debris (skin scales, ichors etc.). Following the pre-treatment, the insoles should be dried with paper towels*.

*Paper towels for single use additionally guarantee sterility and cleanliness

Disinfection

Subsequently, the insoles are disinfected using a commercially available, alcohol-based disinfectant (e.g. **Bacillol AF*** | available in pharmacies). Thoroughly spray onto all parts of the insoles – from approx. 20cm. After only 15 minutes as a rule there is a 100% reduction of bacteria and germs. To be safe, you may leave the disinfection solution react for longer time at room temperature to kill all bacteria and germs. The material is closed cell so nothing can go inside.

Recommended frequency: daily / after each wearing.

Hygiene tips

In order to guarantee the effectiveness of the disinfection of insoles, the following hints are to be observed:

- Daily exchange of stockings is strongly recommended.
- Stockings should be washed with boil wash programme, however, at least at 60°C in the washing machine, adding standard detergent.

Care instructions

Please note the following care instructions for application:

1. Disinfectants may on no account be mixed with other agents or cleaners because this might invalidate the effectiveness.
2. Disinfectants may not be applied to wet surfaces to exclude an uncontrolled dilution with resulting reduction of the effectiveness.
4. Never use disinfectants close to open flames (flammable) and protect against excessive heat.

The **surface disinfectant Bacillol AF is an aldehyde-free, alcoholic disinfectant, aldehyde-free and fragrance-free, dries residue-free. Follow manufacturer's instructions in the application.*

The cleaning recommendation was prepared together with PFI, Pirmasens.



YouTube

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